Fast and simple qubit-based synchronization for quantum key distribution

merged with

Simple and robust QKD system with Qubit4Sync temporal synchronization and the POGNAC polarization encoder
Introduction

Qubits4Sync Temporal Synchronization for QKD

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Quantum Communications

- New paradigm with the potential to resolve many of the problems of communications such as privacy, secrecy and integrity of messages by exploiting quantum resources.

- Most advanced application is Quantum Key Distribution (QKD) [1]

Motivations

- QKD is currently aiming towards **widespread adoption** in our telecom networks
- Many studies are developing **simpler** protocols and setups with **high stability**
- Essential auxiliary tasks are performed by separate sub-systems.

Wide-spread deployment of QKD in our current telecommunication networks will require the development of:

**Simpler** and more **robust** systems
The QKD system we developed performs synchronization and polarization compensation by exploiting **only the hardware already needed** for the quantum communication task.

1. **Synchronization** is performed with the *Qubits4Sync* method which works by sending a public qubit sequence at pre-established times. [L. Calderaro et al., Phys. Rev. Appl. **13**, 054041 (2020)]

2. Predetermined qubit sequences are also exploited to monitor and compensate polarization drifts of the quantum channel.

3. **Polarization encoding** is performed with the self-compensating *POGNAC* scheme based on a Sagnac loop. [C. Agnesi et al., Opt. Lett. **44**, 2398 (2019)]

4. We implement the **3 state 1 decoy efficient BB84 protocol** introduced in [F. Grünenfelder et al., Appl. Phys. Lett. **112**, 051108 (2018)]
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Temporal Synchronization is of **fundamental importance** for QKD:

1. Correlating Alice’s transmitted sequence with Bob’s detected events
2. Discriminating the noise from the quantum signal

**Most adopted** synchronization solutions are:

1. **Clock distribution** from transmitter to receiver via pulsed laser
2. Transmitter and receiver locked to an **external time reference**

The performances of the synchronization solution are crucial to filter out the noise
Temporal Synchronization

Temporal Synchronization in classical communication systems do not require an external synchronization service. The clock information is carried by the signal itself.

This approach has several advantages:

1. **Data throughput is maximized** as any physical channel is exploited for data stream.
2. **Less hardware** is required: simplicity and robustness of the system.

In the same spirit, we propose a synchronization method, *Qubit4Sync*, which uses the qubits exchanged during the QKD protocol, to synchronize the transmitter with the receiver.
Temporal Synchronization

A synchronization method has to solve the following problems:

1. Reconstruct the transmitter **period** at the receiver.
2. Find the **time-offset**: the time at which the first qubit arrives at the receiver.

**Qubit4Sync** main idea:

1. Uses the time of arrival of the qubits to perform a frequency analysis and find the transmitter frequency.
2. The time-offset is calculated via cross-correlation of a public qubit sequence (synchronization string) pre-pended to the Alice’s random sequence. We introduce a novel cross-correlation algorithm with computational complexity of $L \log \log(L)$. 
Temporal Synchronization

**Period Reconstruction**
Given an acquisition interval \( T \), the algorithm has to correctly reconstruct the time separations \( \tau \) of consecutive states sent by Alice:

- We first estimate the period of the transmitter (Alice) \( \tau_0^A \) via a Fast Fourier Transform of \( N = 10^6 \) samples. The sampling rate is four times the nominal frequency of the transmitter.
- If \( T \) is larger than the sample time \( \tau_0^A N \), the estimate \( \tau_0^A \) is not sufficiently precise. Then, we perform a linear regression of the time of arrival modulus \( \tau_0^A \). The slope of the linear fit is used to correct the estimation of the period.

![Plot showing time of arrival modulus vs. time](https://via.placeholder.com/150)
Temporal Synchronization

**Time-offset Reconstruction**
The higher the losses, the longer the synchronization string needs to be in order to have a significant correlation: \( L = \frac{1}{\eta} \). An efficient cross-correlation algorithm is needed for lossy channels.

**The idea**
Assume to have a synchronization string, whose auto-correlation has \( N_1 \) periodic peaks:

1. Find the lag of any of those peaks
2. Take the lag corresponding to the global maximum among the lags of the local maxima.
Temporal Synchronization

a) $s$ → $S$

b) $s$ → FFT → $S$

c) $S^A$

d) $S^A$

$X_{u,0}$ → $u_{opt}$

$X_{u_{opt},j}$ → $FFT^{-1}$ → $x_{u_{opt}+jL_1}$
Temporal Synchronization

Simulated probability of success (heat map) and experimentally realized synchronization (red dots), for several channel losses and QBER ($L = 10^6$).
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Past polarization encoders are **expensive**, **unstable**, showed **limited** polarization extinction ratios, or exhibit side channels that **undermine** security.

\[
|\psi_{\text{in}}\rangle = \frac{e^{i\phi}}{\sqrt{2}}(|H\rangle + e^{i\phi_{\text{RF}}}|V\rangle)
\]

\[
|\psi_{\text{out}}\rangle = \frac{e^{i\phi}}{\sqrt{2}}(|H\rangle + e^{i(\phi_{\text{out}} - \phi_{\text{in}})}|V\rangle)
\]
POGNAC polarization encoder

Solution 1: **Four different lasers**, one for each polarization state. Used for example in Micius QKD experiments. [S.-K. Liao et al., Nature 549, 43 (2017)]

Drawbacks:

- **Bulky and complex.** High power consumption.
- **Side-channels due to temporal and spectral mismatch.**
- **Vulnerable to some Quantum Hacking attacks.** [M. S. Lee et al., J. Opt. Soc. Am. B 36, B77 (2019)]

**Drawbacks:**

- **Unstable.** RF and Temperature Drifts.
- **High** $V_\pi$ voltage.
- Extinction ratio **limited** by the birefringence of the crystal.
- Phase modulator needs to support both polarization modes.

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\[
|\psi_{\text{out}}\rangle = \frac{1}{\sqrt{2}} (|H\rangle + e^{i(\phi_e - \phi_I)} |V\rangle)
\]
POGNAC polarization encoder

Advantages:

- **Long term stability**: Thermal and mechanical phase drifts are automatically compensated.
- Phase modulator needs to support only one polarization mode: **COTS modulators at 800nm**.
- **Low $V_\pi$ voltage**.
- No Polarization Mode Dispersion: **Extremely low QBER**.
Low Intrinsic QBER and High Stability

The intrinsic QBER gives a **quantitative and qualitative** measure of its **suitability** for QKD. It is also meaningful to measure its **stability** to find how long the source can function **without realignment**. [N. Gisin et al., Rev. Mod. Phys. 74, 145 (2002)]

With over 33dB of Polarization Extinction Ratio, the POGNAC exhibits the **lowest intrinsic QBER ever reported**.
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QKD Setup

- Laser pulses at 1550nm, 200ps HWFM, 50 MHz
- We implement the 3 state 1 decoy efficient BB84 protocol introduced in [F. Grünenfelder et al., Appl. Phys. Lett. 112, 051108 (2018)].
- The Quantum Channel is composed of 26 km spool of G.655 dispersion-shifted fiber with 0.35 dB/km of loss followed by a variable optical attenuator.
- The state analyzer is composed of COTS elements (fiber BS, PBS, polarization controllers), four SNSPDs and TDC with 1 ps accuracy.
QKD Setup: Polarization Compensation

- Mechanical and temperature fluctuations transform the polarization state of the photons that travel through the fiber.
- This transformation causes the transmitter and receiver to effectively have different polarization reference frames, increasing the QBER.
- Real-time estimation of the QBER can be fed to a minimization algorithm that acts on motorized polarization controllers at the receiver to compensate for the polarization state transformation.

We Propose a polarization compensation scheme that exploits a shared public string:

- Alice sends $N = 10^6$ states in the Z basis, Bob estimates the Z basis QBER.
- Each second Alice reveals her basis choices, Bob estimates the X basis QBER.

Similar schemes have been proposed but require entire postprocessing of the transmitted string in [F. Grünenfelder et al., Appl. Phys. Lett. 112, 051108 (2018)] and [Y.-Y. Ding et al., Opt. Lett. 42, 1023 (2017)]. As a result, our approach has a feedback cycle about 10 times faster than those approaches.
An average QBER $0.3 \pm 0.1\%$ was measured for the key-generation basis while an average $0.2 \pm 0.1\%$ for the control basis with the QC including both the 26 km optical fiber spool and the VOA for about 19 dB of total losses.
Using a synchronization string of length $L = 10^6$, we performed several QKD runs with losses up to 34 dB. Instead, with a longer string of $L = 10^7$, we successfully ran QKD protocols with Qubits4Sync synchronization up to the total loss at which the key rate drops to zero.
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- We demonstrated a simple QKD system with reduced hardware requirements. In fact, the same optical setup is used for three different tasks, i.e., synchronization, polarization compensation, and quantum communication, without requiring any changes to the working parameters of the setup or any additional hardware.

- The POGNAC polarization encoder exhibits record low intrinsic QBER.

- We obtain high Secure Key Rates and resilience up to about 40 dB of channel losses, even with only 50 MHz repetition rate. In fact our results are comparable with those of polarization-based systems with GHz base clocks.

- Due to its reduced hardware requirements and the quality of the source, this work represents an important step towards technologically mature QKD systems.
Fast and Simple Qubit-Based Synchronization for Quantum Key Distribution

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Simple quantum key distribution with qubit-based synchronization and a self-compensating polarization encoder

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